








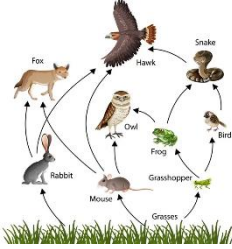
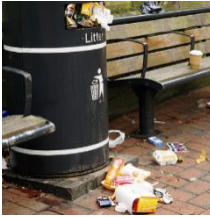




## Learning Challenge Homework Year 3 - Summer 2 – What should you eat to keep healthy?

English / PSHE	Art & Design	Miscellaneous	Science	Outdoor Learning
<p>Talk to your grown ups and find out about their job. What do they like about it? Is there anything they don't like about it? What is their 'dream' job? Perhaps you could ask your grandparents about their jobs and compare them.</p>	<p>Create a 3D plate of food. It could be a balanced plate of foods or, your favourite meal.</p> 	<p>Bake a cake or biscuits. Upload a photo to share.</p> 	<p>Keep a food diary for a week. Write down your breakfast, lunch, main meals, drinks and you could add your snacks too.</p> 	<p>Go out for a ride on your bike, scooter, roller skates or skate board. Don't forget your safety gear and helmet! Have fun!</p> 
<p>Research a famous sports person. Write about them. What are they famous for? What were they like as a child?</p>	<p>Paint or sketch your favourite foods. You could use food to print with.</p>	<p>Help cook a family meal. Remember to help serve it and clear up afterwards!</p>	<p>Design a new ice cream flavour. Draw and label your design.</p> 	<p>Design an obstacle course outside. Draw a map to show what you have to do. You could add instructions or pictures to help.</p>
<p>Write a recount about a sporting event. It could be a football match or dance show you played in or a game you saw on TV.</p>	<p>Make a food or animal collage using dried foods.</p> 	<p>Design a menu. It could be a family evening meal or a meal for a special occasion. Maybe there will be more than one course!</p>	<p>Design a poster to stop litter pollution.</p> 	<p>Hold a family sports day. Plan the activities you will do. What about running, egg and spoon, skipping, hopping, jumping, dribbling a ball...</p>
<p>Read 'Charlie and the Chocolate Factory' by Roald Dahl. Watch the film. Write a short review about it.</p> 	<p>Make a picture with food – and then eat it! Make sure your hands are really clean!</p> 	<p>Design a new sports kit. It could be for any sport – football, tennis, dance, swimming. You could even design a new school PE kit!</p>	<p>Design a food chain using animals. (You should remember doing this in year 2.)</p> 	<p>Go on a litter pick and help to clean up where you live. See how much you collect. Throw away or recycle the litter carefully. Remember to wash your hands afterwards!</p> 

**One piece of learning challenge homework must be completed each week ready to be handed in each Friday. You can stick it in to your green Home Learning Book, or, simply tell us what you have done. Please feel free to make and create things that cannot be recorded in your book! This homework should take a minimum of 30 minutes and we hope, will be lots of fun.**